

Cell Salt	Organs and Tissues Affected	Physical Symptoms	Emotional Symptoms
#1 Calc Fluor	Connective tissue, bones, vein walls, ten-dons, sinews, tooth enamel, throat, larynx, thyroid	Cornea problems, chapping, cracking skin, cavities, varicose veins, osteoporosis, deficient teeth enamel	Indecisiveness, weakness, low self-esteem, stress regarding financial
#2 Calc Phos	Bones, muscles, teeth, spine, blood, periosteum (bone covering), cartilage, glands	Osteoporosis, nosebleeds, bone growth, late teeth, heart palpitations, nose polyps, headaches (in chil-dren), growing pains	Desire to travel, loss of motivation, mental weakness, difficulty handling bad news
#3 Calc Sulph	Liver, gallbladder, heart muscle, connective tissue, glands, mucus membranes, bones, skin	Chronic pus, open infec-tions, fibroids, yellow mucus discharges, boils	Fatigue, laziness, inactiv-ity, worries about imaginary problems
#4 Ferrum Phos	Blood, arterial system, colon, lungs, Eustachian tubes, heart, mucus membranes, bones	First stages of fever (99-1019), pulsing and throbbing headaches, inflammations,	At first, stimulation and over-heating, followed by dullness and
#5 Kali Mur	Glands, bronchials, throat, Eustachian tubes, ears, muscles, joints	Second stages of fever (101-1039), coughing, Eustachian tube block-age, white mucus discharges.	Family issues, irritability, apathy, homesickness, tendency to hypochondria
#6 Kali Phos	Spleen, nerves, muscles, mucus mem-branes, skin	Bad breath, nerve and sleep problems	Nervous irritability, weak memory, test anxiety, tension, moody de-pression, anger, self-pity, feeling of being insulted and disgraced by family
#7 Kali Sulph	Pancreas, liver, skin, mucus membranes, glands, respiratory organs	Third stage of fever (103-1059), cravings for fresh air, skin dandruff, thick yellow discharges, constantly changing symptoms.	Fearful dreams, need for self-validation, sensitivity to noises, irritabil-ity, anger
#8 Mag Phos	Heart, colon, nerves, muscles	Chocolate cravings, blush-ing, cramping and shooting pains, muscle paralysis	Sensitivity, outgoing nature, complaints regarding physical problems, impulsivity, quick action
#9 Nat Mur	Kidneys, blood, mucus membranes, cartil-age, brain, heart, spleen, liver	Head cold and congestion; clear, watery discharges; sun sensitivity; cold sores	Isolation, control issues, sun sensitivity, deep grief, forgiveness issues
#10 Nat Phos	Stomach, tissues, lymphatics, genitals, intestines	Acne, blackheads, greasy or brittle hair, split ends, over acidic condi-tions.	Depression from overly sensitive nerves, sleeplessness, low self-esteem
#11 Nat Sulph	Liver, gallbladder, pancreas, colon	Foul-smelling gas, swollen feet or hands, head injuries. Worse in wet, cold or damp weather	Depression from wet weather or head injuries
#12 Silica	Connective tissue, skin, nerves, hair, nails, glands, bones, Eustachian tubes, cartilage	Light sensitivity, hip pains, sensitivity of skin to wounds, scarring, her-nia, sweaty hands and feet.	Shyness, lack of "grit," hyper-sensitivity, sensitivity to cold
* Notes taken from : Facial Diagnosis of Cell Sat Deficiencies, David Card			