

Genius Basic Processes 1-4

When you are beginning to use the Genius, it is sometimes challenging to know what frequencies to run or what to get started with. These 3 Processes are recommended ways of starting your sessions. From there, try to see the patterns and then move onto other libraries that could help you.

Basic Assessment 1: General - use for anyone

Take aura picture, beginning

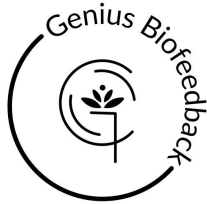
- Today's Stress
- Body Systems
- Organs
- Glands
- Digestion
- Flower Essences

This process gives a great overview for physical issues. Look at the patterns. Use the Success Cards for greater insight. Then, choose frequency libraries that allow you to explore the issue in greater detail. Place items down in the Main Hold Tray and then use in Progressive Insights.

Basic Assessment 2: Physical issues, pain, muscle aches

Take aura picture, beginning

- Today's Stress
- Spinal Energy
- Neurotransmitters • Brain Anatomy
- Digestion
- Nogiers
- Flower Essences



Basic Assessment 3: Anxiety, Depression, PTSD, Emotions, upset

Take aura picture, beginning

- **Emotions**
- **Flower Essences**
- **Digestion**
- **Neurotransmitters**
- **Nogiers**
- **Brain EEG**
- **Brain Anatomy**
- **Spiritual Protection**

Basic Process 4 - For Nourishing and Energizing

Use this process to provide new energy and overall nourishing energy to the body through nutrition, solfeggios, Bach Flowers, meridians and more

All panels below - choose the high and low items by using the Bulk Drag Drop Function

- **Aura Scan -
Before Aura (screen shot)**
- **Meridians Highest meridian - choose high/low points, Lowest meridians - choose high/low points**
- **Chakras**
- **Vitamins**
- **Minerals**
- **Herbs**
- **Solfeggio Tones**
- **Bach Flower Essences**
- **Place all highs and lows into the Main Hold Tray**
- **Balance 1 time for 3 minutes on "High" items (select high)**
- **Rescan**
- **Balance 2nd time for 3 minutes on "High items**
- **Rescan**
- **Balance 3rd time for 3 minutes**
- **After Aura Scan (screen shot)**