

**Emotional balancing libraries cover areas like depression, anxiety, PTSD, as well as promoting positive mood and breaking away from patterns that no longer work**

<b>Library Name</b>	<b>Library Product Name</b>	<b>Description</b>	<b>Link</b>
Anatomy of the Subtle Body	Anatomy of the Subtle Body	This library helps to balance the various layers of the energetic body including the subtle and etheric body	<a href="#">Anatomy of the Subtle Body</a>
Ancestral Pattern Clearing	Ancestral Pattern Clearing	Clear ancestral patterns that affect us today	<a href="#">Ancestral Pattern Clearing</a>
Anxiety Quick Relief + Transformation to Courage	Anxiety Quick Relief + Transformation to Courage	Frequencies that promote calm, positive, and safe thinking	<a href="#">Anxiety Quick Relief + Transformation to Courage</a>
Auric Repair Codes	Auric Repair Codes	Repair the auric field with these fascinating frequencies.	<a href="#">Auric Repair Codes</a>
Break A Habit - Create a Reset, Restart, + Refresh	Breaking A Habit	Frequencies and affirmations to assist you in breaking an old pattern and beginning a new one	<a href="#">Break A Habit - Create a Reset, Restart, + Refresh</a>
Breakthrough to Success 1 Clearing Limiting Beliefs	Breakthrough to Success Series 1-3	Clear beliefs that limit you from moving forward	<a href="#">Breakthrough to Success Series</a>
Breakthrough to Success 2 Clearing Ancestral Patterns	Breakthrough to Success Series 1-3	Clear ancestral patterns that are passed down through the DNA	<a href="#">Breakthrough to Success Series</a>
Breakthrough to Success 3 Supercharged Affirmations	Breakthrough to Success Series 1-3	Affirmations that help you to move forward positively and quickly	<a href="#">Breakthrough to Success Series</a>

Broken Heart Healing Program	Broken Heart Healing Program	Clear the residue of a heartbreak - even if it was years ago	<a href="#">Broken Heart Healing Program</a>
Clearing Early Trauma from Conception to Birth 1 Conception & Fertilization	Clearing Early Trauma from conception to birth	Frequencies to harmonize trauma from conception and fertilization	<a href="#">Clearing Early Trauma from conception to birth</a>
Clearing Early Trauma from Conception to Birth 2 Fetal Development	Clearing Early Trauma from conception to birth	Frequencies to harmonize trauma from development	<a href="#">Clearing Early Trauma from conception to birth</a>
Clearing Early Trauma from Conception to Birth 3 Birthing Process	Clearing Early Trauma from conception to birth	Frequencies to harmonize trauma from birth	<a href="#">Clearing Early Trauma from conception to birth</a>
Cord Cutting and Chakra Clearing	Cord Cutting and Chakra Clearing	Are you ready to release attachments that are no longer for your highest good. Free your energy and become more present with these harmonizing frequencies.	<a href="#">Cord Cutting and Chakra Clearing</a>
Courageous Transitions 1 Relationship Grief Release	Courageous Transitions Series 1-5	For changes in your life, use this library to navigate change and release grief	<a href="#">Courageous Transitions Series 1-5</a>
Courageous Transitions 2 Relationship Grief Affirmations	Courageous Transitions Series 1-5	For changes in your life, use this library to navigate change and have affirmations to move forward quickly	<a href="#">Courageous Transitions Series 1-5</a>
Courageous Transitions 3 Grief from Loss Release	Courageous Transitions Series 1-5	When you experience loss, use this library to help you through the changes and releasing the grief	<a href="#">Courageous Transitions Series 1-5</a>

Courageous Transitions 4 Grief from Loss Affirmations	Courageous Transitions Series 1-5	Affirmations to assist with grief, loss and change	<a href="#">Courageous Transitions Series 1-5</a>
Courageous Transitions 5 Transformation to Heal Energetics	Courageous Transitions Series 1-5	Energetic support toward transitions in tough times	<a href="#">Courageous Transitions Series 1-5</a>
Emotional Anatomy: Releasing Trapped Emotions	Emotional Anatomy: Releasing Trapped Emotions	Release and harmonize held trauma	<a href="#">Emotional Anatomy: Releasing Trapped Emotions</a>
Emotions Code 1 - Heart + Small Intestine	Emotions Code Testing Library	Emotion code connections with Small Intestine	<a href="#">Emotions Code Testing Library</a>
Emotions Code 2 - Spleen + Stomach	Emotions Code Testing Library	Emotion code connections with Spleen and Stomach	<a href="#">Emotions Code Testing Library</a>
Emotions Code 3 - Lung + Colon	Emotions Code Testing Library	Emotion code connections with Lung and Colon	<a href="#">Emotions Code Testing Library</a>
Emotions Code 4 - Liver + Gallbladder	Emotions Code Testing Library	Emotion code connections with liver and gallbladder	<a href="#">Emotions Code Testing Library</a>
Emotions Code 5 - Kidney + Bladder	Emotions Code Testing Library	Emotion code connections with kidney and bladder	<a href="#">Emotions Code Testing Library</a>
Emotions Code 6 - Glands + Sexual Organs	Emotions Code Testing Library	Emotion code connections with Glands and sexual organs	<a href="#">Emotions Code Testing Library</a>
Emotional Cleanse + Release Program	Emotional Cleanse + Release Program	Release charged emotions and find peace with this comprehensive library that can be easily run on Quick Balance	<a href="#">Emotional Cleanse + Release Program</a>

Emotional Pattern Clearing with Essential Oils	Emotional Pattern Clearing with Essential Oils	Carolyn Mein's take on emotional patterns that are associated with parts of the body (points). Expect powerful releasing with these incisive points!	<a href="#">Emotional Reset: Calm + Comfort in Difficult Times</a>
Emotional Reset 1 Anxiety Relief/Calm + Comforted	Emotional Reset: Calm + Comfort in Difficult Times	Rife Frequencies for calming anxiety	<a href="#">Emotional Reset: Calm + Comfort in Difficult Times</a>
Emotional Reset 2 Depression Life + Embrace Joy	Emotional Reset: Calm + Comfort in Difficult Times	Rife Frequencies to lift mood	<a href="#">Emotional Reset: Calm + Comfort in Difficult Times</a>
Emotional Reset 3 Trauma Clear/Ground in Present Time	Emotional Reset: Calm + Comfort in Difficult Times	Frequencies for comfort and calming in present	<a href="#">Emotional Reset: Calm + Comfort in Difficult Times</a>
Emotional Trauma Clearing (German New Medicine)	Emotional Trauma Clearing (German New Medicine)	This series of frequencies was inspired by the work of German New Medicine. This is not a representation of German New Medicine per se, but merely an interpretive take on the essence of these teachings.	<a href="#">Emotional Trauma Clearing (German New Medicine)</a>
Healing Unlock Codes: Make the Connection Between Illness + Emotions	Healing Unlock Codes: Make the Connection Between Illness + Emotions	Frequencies for harmonizing emotional blocks that could be leading to physical issues + resolve	<a href="#">Healing Unlock Codes: Make the Connection</a>
New Beginnings 1 : Clear Negative Beliefs	New Beginnings Series	Frequencies for harmonizing negative self thinking	<a href="#">New Beginnings Series</a>

New Beginnings 2 : Emotions that Activate Success	New Beginnings Series	Frequencies for positive and uplifting self thoughts	<a href="#">New Beginnings Series</a>
New Beginnings 3 : Achieve True Success w/ Your Fresh Start	New Beginnings Series	Frequencies for positive + successful mindset	<a href="#">New Beginnings Series</a>
Past Life Panel 1 Describes the past life	Past Life Trauma Clearing Program	The Past Life pattern associated with the current issue	<a href="#">Past Life Trauma Clearing Program</a>
Past Life Panel 2 Time Periods	Past Life Trauma Clearing Program	The approximate time period that the past life occurred during	<a href="#">Past Life Trauma Clearing Program</a>
Past Life Panel 3 Positive Attributes	Past Life Trauma Clearing Program	The attributes that have carried over from the past life that you are now in the process of clearing	<a href="#">Past Life Trauma Clearing Program</a>
Past Life Panel 4 Which Lifetime	Past Life Trauma Clearing Program	Which lifetime is most associated with the current physical issue?	<a href="#">Past Life Trauma Clearing Program</a>
Sacred Laws	Sacred Laws	Align yourself with Universal Laws for maximizing peace and harmony in your life!	<a href="#">Sacred Laws</a>
Self-Love Acceptance and Acknowledge	Self-Love Acceptance and Acknowledge	Encourage more self-love and acceptance of yourself and others with these frequencies.	<a href="#">Self-Love Acceptance and Acknowledge</a>
Emotional Pattern Clearing w/ Essential Oils (YLO)	Releasing Emotional Patterns (Oil On Point) w/ Dr. Carolyn Mein	Clearing emotional blockages based on the work of Carolyn Mein and Young Living Oils	<a href="#">Emotional Pattern Clearing with Essential Oils (YLO)</a>