

Congratulations on your Terahertz Wand



Your Wand has these controls:

Low - cool temp and high fan
Medium - warm temp and low fan
High - warm temp and high fan

Terahertz frequencies are found between far-infrared rays and microwave energy. It refers to electromagnetic waves with

Terahertz waves can benefit 3-5 centimeters of human skin, directly act on the deep tissue, supplement the energy of life cells, regulate the physiological functions of the body and accelerate the generation and decomposition of cells.

Acts on the subcutaneous tissue to help to maintain the wellness of cells. Known to resonate at the same frequency of cells, it can help to powerfully hydrate the cells and harmonize the metabolism of the cell.

The high frequency vibration creates a powerfully therapeutic movement with in the cells. This "exercise" helps to tone up the cells and increase the excretion of water. Be sure to drink at least 1 full glass of water before using the wand and then another full glass of water after a session.

How long should a session last?

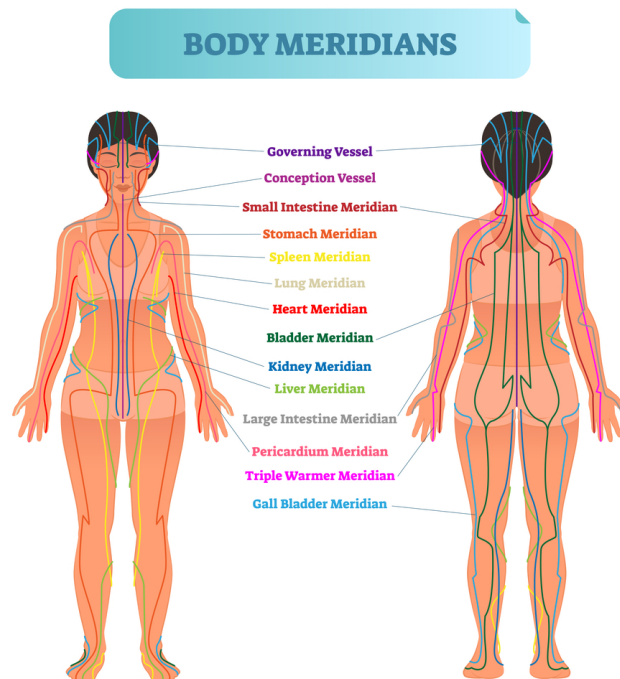
Try working with the wand on the setting of your choice for about 1-2 minutes. This is enough to get started and discover how well you tolerate the frequencies. Once you know you feel good after 1-2 minutes, begin to work up in minutes. There is no need for more than a 15-20 minute session per day, but you can do more if you wish. Wherever you apply the frequencies, the rest of the body is affected. If you need to apply your Core Box to one place on the body, it will still be positively affecting your wellness in the entire body.

Benefits of Blue Light

Blue light is a high energy, high penetration visible light with a wavelength of 380 - 500 nanometers. Blue light has been associated with the ability to kill bacteria, help to create a good environment to grow new cells, promote the production of collagen and more!

Clear meridians

A great way to run your terahertz wand is along the meridian lines. Find a diagram of the various meridians of the body. You can run the box in a vertical or horizontal sweep. You can also use a circular motion. Try clearing some of the meridians by running in the vertical direction for about 15-20 seconds.



Please look for our YouTube channel under @ArielPolicano, where we are posting training videos about the Terahertz Core Box and Wand. Thank you and enjoy this exciting technology!