

Genius Biofeedback Sessions

Exciting new technologies are emerging each day that use frequency and light. These are non-toxic and non-invasive methods that can help to restore balance to the body in a gentle way. The Genius Biofeedback system is one of those energy technologies that can provide personalized frequencies to positively impact your life in many ways!

How does this system work?

This program uses a sophisticated voice analyzer that was originally developed at M.I.T. This voice analyzer records your voice and converts it to information that can be interpreted in the system scan. This "voice as information" is compared to the other frequencies in the program, which are representative of things like herbs, vitamins and minerals. The goal is to find the frequencies that be most beneficial frequencies for you and that is based on the voice analysis. In many ways, this is similar to muscle testing.

Once the frequencies are selected, the tones are played for you in a live session. This session may be in person or in an online meeting. The frequencies may be sent to you instead of playing them during a live session. If they are sent to you, you can play them as many times as you wish on your own phone or tablet.

How can these tones and frequencies make a difference?

These frequencies make a difference because of a process known as entrainment. In entrainment, you are synching up to frequencies and energies around you. When you listen to the tones and frequencies from this system, they often create a state of deeper relaxation and stress reduction. Reduction of stress factors by the frequencies of the Genius was shown to take place in a pilot study by the Center for Biofield Sciences.

A graduate of Quantum University published her dissertation on the effect of frequencies sent to client's Quanta Capsules over 7 weeks. She found that her clients reported a 59% improvement in their energy and 39% improvement in their sleep quality.

What should I expect to experience?

Most of my clients report that the listening to the tones is very relaxing and provides a way for them to de-stress. Frequencies can be focused on particular goals that you may have and I have many different programs available. The effects of this system tend to be cumulative and people notice that they have the most beneficial effects by playing the frequencies daily over several weeks and months.

When should I play the frequencies?

When you receive your frequencies for the week, plan to play them first thing in the morning and again either in the afternoon or before bedtime. Try to play the frequencies for 15 minutes, 2 times per day. Anytime you play your frequencies, be sure to drink about 4-8 ounces of water. These frequencies tend to get energy moving and water helps you get the most benefit from these energies

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