

Sacred Geometry

Using sacred geometry frequencies in your balancing protocols can make them significantly more powerful and greatly improve your impact with the balancing. The different frequencies included in this category are considered “coherent”. They are representative aspects of perfection within ourselves. When we focus on the Flower of Life or the Fibonacci Sequence, it helps to bring a profound inner stillness and assists us into coming back into balance. It is a great practice to use any Sacred Geometry frequency in your balancing sessions.

Archimedean Solids - In geometry, an Archimedean solid is one of the 13 solids first enumerated by Archimedes. They are the semi-regular convex polyhedrons composed of regular polygons meeting in identical vertices, excluding the 5 Platonic solids (which are composed of only one type of polygon) and excluding the prisms and anti-prisms. Balancing the Archimedean Solids will be like a chakra balancing.

Circle - Think of the circle for successful completion of projects or feeling a sense of completion within yourself.

Dimensionality - Think of running dimensionality to more deeply embrace all the aspects of yourself, particularly ones that are wonderful but you may not be aware of. Dimensionality suggests becoming more aware and embodying all of “you” which exists on multiple planes and dimensions. The dimensions are not fixed points on a compass. They are a circle dancing, moving and expanding constantly. There is constant movement with and between all of dimensions – they are fluid.

Fibonacci - The Fibonacci sequence is a set of numbers that starts with a one or a zero, followed by a one, and proceeds based on the rule that each number (called a Fibonacci number) is equal to the sum of the preceding two numbers. It represents the organic growth of all life and the mathematical relationship of nature. When you see nature, it may appear random. However, it has an element of perfection. This is because every tree, every leaf and every human being exists in mathematical relationships according to the Fibonacci sequence. Consider using the Fibonacci sequence when you want to normalize physiology or normalize the growth of cells. Think of running the frequency as a way of entraining the energy of perfection within yourself.

Flower of Life - The Flower of Life is most likely something that you have seen before. It is a common symbol of many spiritual and religious teachings around the world. The Flower of Life is indicative of perfection. It is a great frequency to run with an illness, any emotional issue as it helps to clear all of the suffering and dis-ease.

Fractals - Fractals are fascinating mathematical progressions of a repeating iteration of numbers. Fractals are beautiful to look at and often remind us of snowflakes or crystals. Use fractals in a similar way to other sacred geometry. Use it to introduce an energy of perfection into your balancing sessions.

Sphere - a round solid figure, or its surface, with every point on its surface equidistant from its center. The sphere as a shape is an ancient and universal symbol that represents unity, completeness, infinity - the whole universe. Use the sphere for successful completion of a project or just for the fun of experiencing the unity and wholeness within ourselves.

Spirals - Spirals are believed to represent movement through experiences in life. Life is not lived in linear terms from beginning to end. Consider a walk through a labyrinth, which is in the form of a spiral. The person walks one way and then back again. You move forward but always retrograde somewhat in life; we have gains and losses. However, we are moving forever out in the spiral, as in the labyrinth. The spiral is also the divine movement of the universe. Think of the vortex. Even our incarnation is a spiral movement. When you want to have divine movement in this world, even magical and miraculous, use the Spiral frequency.

Point - At the center of a circle or a sphere is always an infinitesimal point. The point needs no dimension, yet embraces all dimension. Transcendence of the illusions of time & space result in the point of here and now, our most primal light of consciousness. The proverbial "light at the end of the tunnel" is being validated by the ever-increasing literature on so-called "near-death experiences". If our essence is truly spiritual omnipresence, then perhaps the "point" of our being "here" is to recognize the oneness we share, validating all "individuals" as equally precious and sacred aspects of that one.

Platonic Solids - The 5 Platonic solids (Tetrahedron, Cube or (Hexahedron), Octahedron, Dodecahedron & Icosahedron) are ideal, primal models of crystal patterns that occur throughout the world of minerals in countless variations. These are the only five regular polyhedra, that is, the only five solids made from the same equilateral, equiangular polygons. To the Greeks, these solids symbolized fire, earth, air, spirit (or ether) and water respectively. Consider using the platonic solids to balance the chakras and meridians of the body.

Square Root of 3 and Vesica Piscis - The Vesica Piscis is formed by the intersection of two circles or spheres whose centers exactly touch. This symbolic intersection represents the "common ground", "shared vision" or "mutual understanding" between equal individuals. The shape of the human eye itself is a Vesica Piscis. The spiritual significance of "seeing eye to eye" to the "mirror of the soul" was highly regarded by numerous Renaissance artists who used this form extensively in art and architecture. The ratio of the axes of the form is the square root of 3, which alludes to the deepest nature of the triune which cannot be adequately expressed by rational language alone. Use this frequency to improve relationships with others, including romantic, familial or even business relationships.

Toroids - Rotating a circle about a line tangent to it creates a torus, which is similar to a donut shape where the center exactly touches all the "rotated circles." The surface of the torus can be covered with 7 distinct areas, all of which touch each other; an example of the classic "map problem" where one tries to find a map where the least number of unique colors are needed. In this 3-dimensional case, 7 colors are needed, meaning that the torus has a high degree of "communication" across its surface. The toroidal field is also the sacred field around the heart. It is also the basis for free energy, a concept that will free us from the need for fossil fuels. When you are dealing with a heart issue, either emotional or physical, use the Toroids. They bring coherent energy, similar to the field of the heart, to your energy field. Toroids are very powerful and dynamic and they are a great addition to any balancing protocol.

Golden Ratio - The Golden ratio is a special number found by dividing a line into two parts so that the longer part divided by the smaller part is also equal to the whole length divided by the longer part. It is often symbolized using phi, after the 21st letter of the Greek alphabet Phi is usually rounded off to 1.618. Using the Golden Ratio means to entrain that experience of perfect growth within you.

Metatron's Cube - In sacred geometry, Archangel Metatron, the angel of life oversees the flow of energy in a mystical cube known as Metatron's Cube, which contains all of the geometric shapes in God's creation and represents the patterns that make up everything God has made. "Metatron's Cube helps us realize the harmony and balance of nature," writes VanDen Eynden in "Metatron." "Since it depicts an equilibrium in the six directions represented within it. Metatron's Cube can be used as a visual focal point to connect with the archangel, or it can be used as a concentration tool for meditations that promote peace and balance. Place an image of the cube any.