This series of libraries is focused on hormonal issues. From fertility to menopause, see different issues and frequencies for general hormonal balancing

| Library Name   | <b>Description</b>   | Library Product Name        | Link                        |
|--|--|-----------------------------|-----------------------------|
| Fertility Energetic Disturbance Assessment                     | Root cause of fertility issues                               | Fertility Support Libraries | Fertility Support Libraries |
| Fertility Energetic Solutions                                  | Find natural remedies to support fertility                   | Fertility Support Libraries | Fertility Support Libraries |
| Sexual Vitality Revitalization (suitable for ED harmonization) | Balance and optimize male hormones                           | Male Sexual Vitality        | Male Sexual Vitality        |
| Hormone Disturbance<br>Assessment                              | Discover the root cause for hormonal issues                  | Hormone Wellness Pack       | Hormone Wellness Pack       |
| Hormone Disturbance<br>Solutions                               | Find natural solutions for hormonal imbalances               | Hormone Wellness Pack       | Hormone Wellness Pack       |
| Hormone Conditions   | Conditions related to hormonal imbalances                    | Hormone Wellness Pack       | Hormone Wellness Pack       |
| Hormones Women's Reproductive System                           | Women's reproductive system                                  | Hormone Wellness Pack       | Hormone Wellness Pack       |
| Sexual Vitality  | Natural remedies to promote sexual vitality in men and women | Hormone Wellness Pack       | Hormone Wellness Pack       |
| Endocrine Regeneration 1 Estrogenic Cycling                    | Natural remedies that support estrogenic balance             | Endocrine Regeneration      | Endocrine Regeneration      |
| Endocrine Regeneration 2 Progesterone Cycling                  | Natural remedies that<br>support progesteronic<br>balance    | Endocrine Regeneration      | Endocrine Regeneration      |
| Endocrine Regeneration 3 Male Hormones                         | Natural remedies that support male hormonal balance          | Endocrine Regeneration      | Endocrine Regeneration      |
| Endocrine Regeneration 4<br>Nutrition                          | Nutritional solutions for healthy endocrine system           | Endocrine Regeneration      | Endocrine Regeneration      |

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| Endocrine Regeneration 5 PCOS                        | PCOS natural remedies                         | Endocrine Regeneration                  | Endocrine Regeneration                             |
| Endocrine Regeneration 6 Hormonal Cancers Assessment | Find the energetic root cause                 | Endocrine Regeneration                  | Endocrine Regeneration                             |
| Endocrine Regeneration 7 Hormonal Cancers Solutions  | Natural remedies and lifestyle solutions      | Endocrine Regeneration                  | Endocrine Regeneration                             |
| Endocrine Regeneration 8 Affirmations                | Affirmations that support endocrine balance   | Endocrine Regeneration                  | Endocrine Regeneration                             |
| Prostate Assessment                                  | Root cause for prostate issues                | Prostate Health/Men's<br>Health Package | Prostate/Men's Health Pack                         |
| Prostate Solutions                                   | Natural remedies for a healthy prostate       | Prostate Health/Men's<br>Health Package | Prostate/Men's Health Pack                         |
| Men's Health - Male<br>Reproductive System           | Male reproductive system                      | Prostate Health/Men's<br>Health Package | Prostate/Men's Health Pack                         |
| Men's Health - Hormonal<br>Remedies                  | Men's Hormones Solutions                      | Prostate Health/Men's<br>Health Package | Prostate/Men's Health Pack                         |
| Men's Health - Hormones                              | Men's Hormones Energetic<br>Balance           | Prostate Health/Men's<br>Health Package | Prostate/Men's Health Pack                         |
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| THO 1 Estrogen Balancing                             | Frequencies focused on estrogen balancing     | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |
| THO 2 Progesterone Balancing                         | Frequencies focused on progesterone balancing | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |
| THO 3 Cortisol Balancing                             | Frequencies focused on cortisol balancing     | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |
| THO 4 Testosterone<br>Balancing (Men)                | Frequencies focused on testosterone balancing | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |
| THO 5 Testosterone<br>Balancing (Women)              | Frequencies focused on testosterone balancing | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |
| THO 6 DHEA Balancing                                 | Frequencies focused on<br>DHEA balancing      | Total Hormonal<br>Optimization (THO)    | <u>Total Hormonal</u><br><u>Optimization (THO)</u> |

| THO 7 Melatonin Balancing                               | Frequencies focused on<br>Melatonin balancing    | Total Hormonal<br>Optimization (THO) | Total Hormonal Optimization (THO) |
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| Menopausal Assessment 1<br>Hormones                     | Frequencies focused on balancing menopause       | Menopause Solutions Pack             | Menopause Solutions Pack          |
| Menopausal Assessment 2<br>Lifestyle                    | Frequencies focused on balancing menopause       | Menopause Solutions Pack             | Menopause Solutions Pack          |
| Menopausal Solutions                                    | Natural energetic remedies for menopause         | Menopause Solutions Pack             | Menopause Solutions Pack          |
| Menopause Symptom<br>Relief and Vitalization<br>Program | Frequencies for balancing menopausal issues      | Menopause Solutions Pack             | Menopause Solutions Pack          |
| Methylation Nutritional Support                         | Balance methylation factors for hormonal balance | Master Methylation + Thrive          | Master Methylation + Thrive       |
| Methylation Profile                                     | Balance methylation factors for hormonal balance | Master Methylation + Thrive          | Master Methylation + Thrive       |