

There are a couple of ways to work with any condition you may want to harmonize with the Genius. You can **choose frequencies with intention, for a particular reason, regardless of the number score.** This is the way we approach **Part 1** of our Infection section. Use this when you are dealing with an acute or chronic infection or if you are aware that your immune system needs support.

Frequency Panel	Place these in the tray	Why?
Today's Stress	Liver, lymphatic and inflammation	Important for immune system function.
Body Systems	Digestive and Immune	A disrupted digestive system impacts immunity.
Glands	<ul style="list-style-type: none"> • Thymus • Pineal 	<ul style="list-style-type: none"> • Part of body's immune sz • Good sleep for strong immunity
Vitamins	<ul style="list-style-type: none"> • Vitamin C • Vitamin A • Vitamin D 	<ul style="list-style-type: none"> • A, C and D are important parts of a healthy immune system.
Minerals	<ul style="list-style-type: none"> • Zinc • Selenium 	<ul style="list-style-type: none"> • Both minerals play an active role in immunity.
Herbs	<ul style="list-style-type: none"> • Amla • Bilberry • Fo-Ti • Turmeric 	<ul style="list-style-type: none"> • Rich in Vitamin C and Ellagic Acid • Supports kidney jing • Downregulates inflammatory cytokines
Essential Oils	<ul style="list-style-type: none"> • Oregano • Germanium • Frankincense • Myrrh 	<ul style="list-style-type: none"> • Carvacol is antimicrobial • Induces interferon production • Boost immunoglobulins • Reduces inflammation
Flower Essences	Test for high/low items	
Emotions	Test for high/low items	

Proceed to Progressive Insights. Harmonize for 5 minutes. Add in Nogier A for Cellular vitality. Go Back to Progressive Insights. Note the highest items. Harmonize for 5 minutes or until 40% rectification is achieved.