

## Chinese Meridians

The Chinese Meridians are energy centers within the body. Any impediment to flow within the body will result in changes in emotions, mental and physical well-being. The Genius, acupuncture, acupressure, Qi Gong are different modalities that work toward a common goal: restoration of energetic flow within the body.

Testing with the Meridians panel is an exciting way to learn more about energy flow within the body and run the frequencies in order to remove energetic blocks in a particular area.

Meridian	Meaning	Emotion
<b>Lung Meridian</b>	How energy is consumed and how it impacts the respiratory system	P: Courage N: Grief
<b>Large Intestine Meridian</b>	Regulates the processing and extraction of water from waste. Paired with the lung meridian	P: Courage N: Grief
<b>Stomach Meridian</b>	Regulates the extraction of Qi from food, nutrient distribution to the intestines and food and the overall digestion of food	P: Compassion N: Anxiety
<b>Heart Meridian</b>	Regulates the circulation of blood to all organs	P: Joy N: Arrogance
<b>Small Intestine Meridian</b>	Responsible for digestion, water absorption, nutrient absorption and bowel functions	P: Compassion N: Anxiety
<b>Bladder Meridian</b>	Regulates the removal of toxins from the body	P: Gentleness N: Fear
<b>Kidney Meridian</b>	Regulates the reproductive system, testosterone levels and produces marrow and blood	P: Gentleness N: Fear
<b>Pericardium Meridian</b>	Regulates the Qi that surrounds the heart, protects the heart, ensuring proper function and emotional balance	P: Joy N: Arrogance
<b>Triple Warmer</b>	Regulates the metabolism of the body and promotes general wellness	N: Arrogance
<b>Gallbladder Meridian</b>	Regulates the removal and storage of toxins that are produced by the liver	P: Kindness N: Anger
<b>Liver Meridian</b>	Regulates the female reproductive system, circulation of energy and maintains the flexibility of ligaments and tendons	P: Kindness N: Anger
<b>Governing Vessel</b>	Associated with the immune system. Said to be the fire of the body and regulates body heat. Also works with the kidneys to regulate the brain.	
<b>Conception Vessel</b>	Circulates Qi within the body. Related to hormonal and adrenal balance.	