

Genius Biofeedback Basic Processes

When you are beginning to use the Genius, it is sometimes challenging to know what frequencies to run or what to get started with. These 3 Processes are recommended ways of starting your sessions. From there, try to see the patterns and then move onto other libraries that could help you.

Basic Assessment 1:

General - use for anyone

Take aura picture, beginning

- Today's Stress
- Body Systems
- Organs
- Glands
- Digestion
- Flower Essences

This process gives a great overview for physical issues. Look at the patterns. Use the Success Cards for greater insight. Then, choose frequency libraries that allow to explore the issue in greater detail. Place items down in Main Hold Tray and then use in Progressive Insights.

Basic Assessment 2:

Physical issues, pain, muscle aches

Take aura picture, beginning

- Today's Stress
- Spinal Energy
- Neurotransmitters
- Brain Anatomy
- Digestion
- Nogiers
- Flower Essences

Basic Assessment 3:

Anxiety, Depression, PTSD, Emotions, upset

Take aura picture, beginning

- Emotions
- Flower Essences
- Digestion
- Neurotransmitters
- Nogiers
- Brain EEG
- Brain Anatomy
- Spiritual Protection