
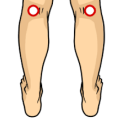
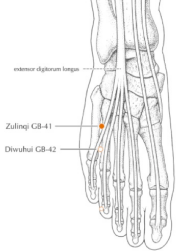
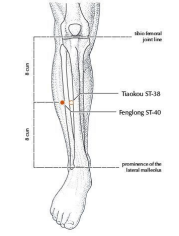


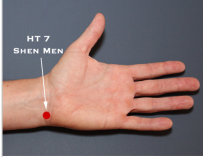



Flower Essences on Meridian Points


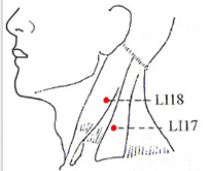
From the results on the Genius in Progressive Insights, choose the top 3 remedies and use this chart for further interpretation. The recommended Genius frequencies can be used with the Flower Essences in the Quick Zap for a comprehensive, multi-layered session. These results help the client to tell a complete story. They combine the wisdom of the Flower Essences with incisive meridian points, which open energetic doorways for healing and transforming the emotional wound. Read the Flower Essence on Meridian Point to the client and discuss any way the remedy resonates with them. Be sure to share with them the “lesson” and have them leave with 3 Affirmations they can focus on between this session and the next.


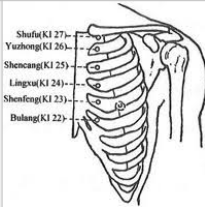
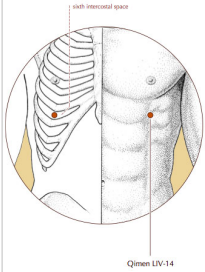
Flower Essence	Meaning of Essence	Meridian Point	Meridian Point Pictured	Doorway opened by the point: Lesson	Affirmation	Genius Frequencies
Agrimony on Pericardium 6	Moving beyond a tendency to put on a happy face when feeling sadness.	Pericardium 6 Inner Frontier Gate Get in touch with your deepest feelings in your heart.		Cultivate the courage to speak the truth in your hear.	I am completely safe and cared for in every moment and even celebrated in my authentic self. I allow me to be me!	Heart, Triple Warmer Meridian, Toroidal Field, Flower of Life, 639 Hz for healing relationships

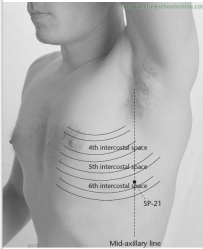
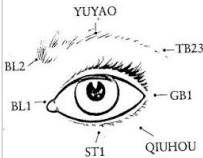
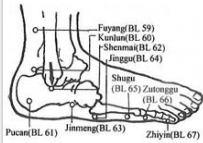
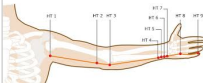
Flower Essence	Meaning of Essence	Meridian Point	Meridian Point Pictured	Doorway opened by the point: Lesson	Affirmation	Genius Frequencies
Aspen on Bladder 54	Triumphing over the fear of unknown things. Moving into a place of trust in the universe.	<ul style="list-style-type: none"> Bladder 54, (Equilibrium Middle). This is about fear of the future. Connection to this point can help the person to feel grounded in the present moment and lose concern or anxiety about the future. 		Connection to the natural flow of life is the key to releasing the fear of truly living.	Higher forces are perfectly guiding me to miracles in my life.	Bladder Meridian, Kidney Meridian, Surround and Protect FTHG, Auric Protection. 174 Hz - enhance feelings of security, safety and love.
Beech on Gallbladder 41	Developing more tolerance of self and of others.	Gallbladder 41 , (Foot above tears) *Major self-esteem point* Helps the body experience flexibility and gives the person tolerance in the present moment.		Releases the need for using sarcastic words for protection. Embracing strength and confidence expressed in kindness.	My new feeling of inner worth informs my view of all around me.	Gallbladder Meridian, 963 Hz is Connecting to your own perfection, 3rd Chakra (for empowerment) , Flower of Life
Centaurly on Stomach 40	The putting your foot down essence. Finding balance in serving others and nurturing yourself.	Stomach 40 (Abundant Splendor).		Taking time to nourish yourself can result in more joy and surprisingly, more efficiency in work and life.	I happily take part in active self-care and nourishment to revitalize my body and spirit	Stomach meridian, Spleen meridian.

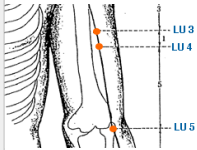

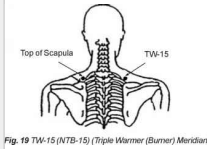
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Cerato on Heart 7	The putting your foot down essence	Heart 7 (Spirt Gate) “Cerato has the ability to establish your heart as a cognitive organ of thinking and listening.” - Floral Acupuncture, Heart 7 can ground you so that you have the courage and clarity to hear the voice of your heart.		Setting boundaries frees you to act from your authentic self.	I courageously choose from my heart.	Heart, Brain, Toroids, Solfeggio 528 Hz, 963 Hz (connect to your own perfection), Flower of Life
Cherry Plum on Governing Vessel 14	Fear of the mind giving way. Fear of acting out in response to frustration. Think “temper tantrum”. There is much stored up energy of frustration that has not been able to find a healthy expression.	GV 14 (Great Hammer) Calms excessive anger and helps you to reconnect with your spirit. Calms any excessive heat or emotion that would upend you otherwise!		Feel the emotion for what it is propelling you toward in life. Gain control and respond with intention and meaning vs reacting and lashing out.	I accept my emotions, energy in motion and listen to what they are telling me!	Liver, Gallbladder, Nervous System (Body Systems), Heart, Toroids, 693 Hz - Balancing and improving relationships and enhancing tolerance and love.

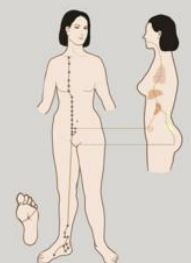
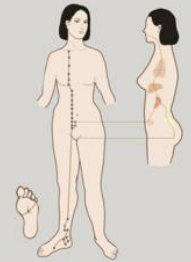
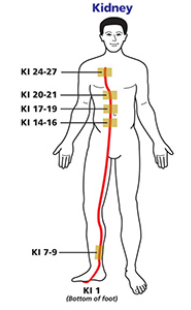
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Chestnut Bud on Conception Vessel 20	<ul style="list-style-type: none"> - Desiring to learn from past mistakes. Wanting to break from past patterns. - Brings forth soul forces that are still enfolded and birth them into the world. 	Conception Vessel 20 (Flower Covering) Associated with the Thymus gland, this point helps to build the immune system, opens up the energy and brings in a new vibration assisting you in leaving behind old worn patterns.		Building on the nourishment from opening the Thymus energy, move courageously past your old limitations.	I embrace my new path with certainty and confidence.	Thymus, Immune, 741Hz (Discovering innovative Solutions and increasing self-expression). 174 Hz (gives your organs a sense of safety, security and love).
Chicory on Stomach 29	Finding good boundaries, respecting others space	Stomach 29 (The Return) is a point to use when you have repeated a negative pattern over several times, but now you are truly ready to let it go! You take responsibility for yourself and your life. You are ready for a big leap forward!		Respecting your space and others space through stepping into your greater power.	I take joy in health boundaries built on respect for the self that is within us all.	Stomach, 639 Hz (balancing and connecting relationships), 714 Hz (Increase creative self-expression)

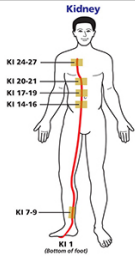

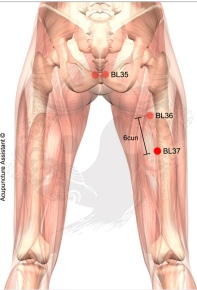
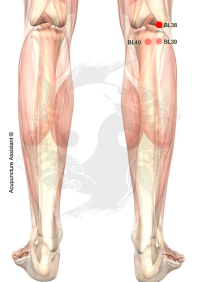
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Clematis on Bladder 58	Clematis can assist you in grounding you in the future so that you can move in the direction of your dreams.	Bladder 58 (Fly and Scatter) This point connects the Kidney meridian to the Bladder meridian. Results in grounding and pointing in the direction of being in the present in order to move toward the one's deeper aspirations.		Become grounded in the present moment in order to move in the direction of your dreams.	I am rooted in the now moment as I move toward my dreams.	Bladder meridian, Kidney meridian, Root Chakra, Fibonacci (projects unfold with divine timing), 852 Hz - Awakening Intuition and returning to spiritual order
Crab Apple on Large Intestine 18	Clearing away thoughts of being impure or needing to purify in some way. Piercing through the illusion that something is not quite right with the person and that purification will heal this.	Large Intestine 18 (Support and Rush Out). Function is to create profound transformation on many levels! Access the unconscious reason this impure feeling has remained with you and arrive at a place where you can completely release this.		Get in touch with the truth within your own body - filled with wisdom and perfection feel how your body has supported you deeply on your journey.	I am as Spirit created me, with perfection and perfect imperfection.	Use Elm along with CV8, the Heart Meridian, 528 Hz Solfeggio, Conception Vessel, Toroids

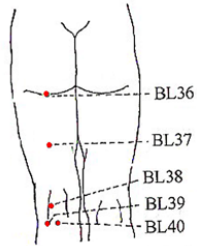
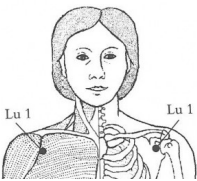
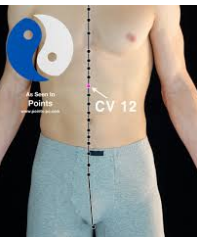
Flower Essence	Meaning of Essence	Meridian Point	Meridian Point Pictured	Doorway opened by the point: Lesson	Affirmation	Genius Frequencies
Elm on Conception Vessel 8	Feeling overwhelmed by responsibility. Overwhelmed is the operative word and can happen when you take on many projects and feel spread a little thin!	Conception Vessel 8 (Spirit Deficiency). A powerful point! It connects you to both your own core and to the core of the earth. Very grounding. The spirit can become depleted when you feel disconnected from your core and from the core of the earth. Return to your core to one's sense of obligation and duty into balance and alignment with the inner self.		Become grounded in order to know the best way to proceed without being overwhelmed.	I am aligned with perfect timing and I know what to do and when to do it!	Use Elm along with CV8, the Heart Meridian, 528 Hz Solfeggio, Conception Vessel, Toroids
Gentian on Kidney 23	Discouragement after a setback	Retrieve your essence (like a soul retrieval) by connecting with this kidney point and feel deeply refreshed.		Reset your body and your spirit to bravely make a new beginning.	I courageously begin a new chapter in life.	Kidney Meridian, Flower of Life, Crown Chakra, 396 Hz, Subconscious obstacles.
Gorse on Liver 14	Gorse restores light! Goals unattained can sometimes lead to stagnation and feelings of sadness or depression. Gorse helps to lift this.	Liver 14 (Gate of Hope). Calm excess rage and restore liver health. Clear obstacles and take a new look at life. Think of the feeling of spring and the sense of renewal you feel during that time. Combine Gorse and Liver 14 for transforming hopelessness to hopefulness and then the excitement of a new beginning!		Movement from hopelessness and despair to seeing the light.	I have faith that the Universe is bringing new opportunities and supporting me completely. I now connect with the positive promise of hope.	Liver, 417 Hz (Clear the effects of trauma), 528 Hz (Miracles and Transformation), 396 Hz (cleanse feelings of guilt), Nogier A (Boost cellular vitality)


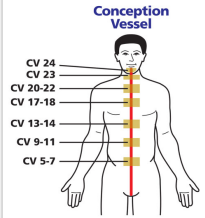
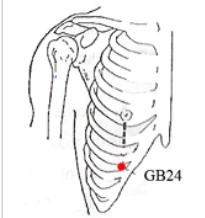

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Heather on Spleen 21	Self-centeredness and self-concern.	Spleen 21 (The Great Enveloping) . This point is related to mental processing and helps the flow of the thoughts. Changing of energy from self to the greater community at large.		Experience the freedom of forgetting self concern and feeling the connectedness with the greater community in the world.	I find equal weight in concern for self and in leaving self behind for service to others.	Spleen, Spleen Meridian, 852 Hz (Awakening to a greater part of yourself), Crown Chakra, Nogier B (Nutritional Assimilation), Toroids.
Hornbeam on Bladder 1	Tiredness at the thought of doing something.	Bladder 1 (Eyes Bright) Revitalize your energy with this powerful point that releases the fatigue described in Hornbeam.		Recognize fatigue and take time for a reset. Eyebright 1 can fill you with this needed energy.	I take a sacred pause and then emerge with renewed resources.	Bladder, Eyes, Liver, Fibonacci, Adrenals, Solar Chakra, Nogier A (increase cellular vitality)
Hornbeam on Bladder 67	Tiredness at the thought of doing something	Bladder 67 (Extremity of Yin) Very helpful for menopausal women, this point helps to activated depleted Yin energy.		Infuse new energy to your spirit when your life force has dipped low. The flexibility inspired by activating the bladder meridian is key to all of this.	Out of love for myself, I allow myself to take times of rest and renewal.	Bladder, Eyes, Liver, Fibonacci, Adrenals, Solar Chakra, Nogier A (increase cellular vitality)
Holly	Hatred, envy and jealousy.	Heart 5 (Penetrating Inside) This point guides you to return to your own warmth when your heart has felt locked out of this ability to experience love. This is a process of finding oneself stuck in the energy of envy and jealousy, discovering the root cause or reason to be illusion.		Reunite the warring forces within your heart. Feel like yourself again and experience love within yourself and for the world around you.	All the love I need is everywhere around me waiting for me to notice.	Heart Meridian, 528 Hz, Toroids, 639 Hz for balancing and reconnecting relationships.


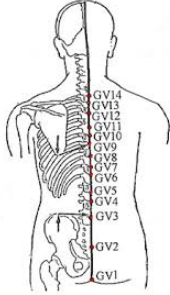
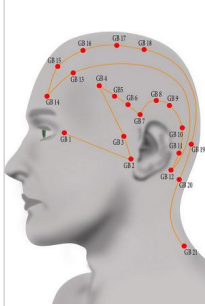
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Honeysuckle on Lung 3	Living in the past	Lung 3 (Heavenly Palace) Major change in perspective. Embracing new patterns and a nascent vibrancy.		Release the past once and for all in order to breathe into the thrill of life that comes from being in the moment.	I inhale deeply to take in new life and exhale all that is not needed. With new oxygen, I am strong and nourished.	Lung Meridian, Lung, Nogier A (Cellular vitality), 417 Hz (Clear trauma from past), 852 Hz (awakening intuition and returning to spiritual order).
Impatiens on Gallbladder 37	- Feelings of irritation impatience	Gallbladder 37 (Bright and Clear) When the gallbladder loses its sense of timing, it can result in you feeling irritable and out of sorts. Realign, relax and commit to the perfect rhythms of life that surround you.		Nature is never in a rush, yet everything gets done in perfect timing.	I align with the gentle rhythms of life and experience the rest and joy from this alignment.	Gallbladder meridian, Lung meridian, Fibonacci, Nervous System, 174 Hz (enhance sense of comfort), Nogier D (Reduces stress)
Larch on Triple Warmer 15	- Developing confidence	Triple Warmer 15 (Heavenly Bone) Great point for releasing shoulder tension! Sends warm fluid to lubricate the heart, opens its truth and brings the truth to the voice box. It's time for you to speak your truth with ease and joy!		Raise up your budding forces and give them voice	My authentic voice is at one with Spirit, not only worthy of being heard but greatly needed at this time.	Solar Chakra, Triple Warmer meridian, Flower Of Life, Toroids, 639 Hz (Return to Spiritual Order), 285 Hz (Restore to true energy).

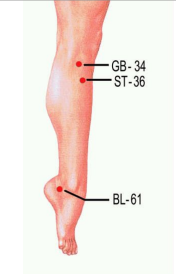

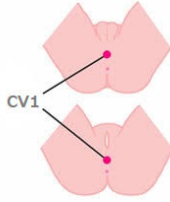
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Mimulus on Kidney 24	- Fear of known things. Mimulus can restore that which is naturally resilient and effervescent.	Kidney 24 (Spirit Burial Ground) Resurrection of spirit.		Release your true spirit, your highest self, which causes an evaporation of fear.	Resurrecting my true self, I see my past fears for the illusions that they are. I move forward with confidence.	Kidney, Bladder, Solar Chakra, 963 Hz (connecting to your own perfection), 639 Hz (balancing and healing relationships)
Mimulus on Kidney 25	- Fear of known things	Kidney 25 (Spirit Storehouse) Retrieve your natural gifts and embrace their full potential		Reaching into your highest gifts, fear disappears as night fades into the new sunrise and day.	My alignment with my truest gifts propels me fearlessly toward my dreams.	Kidney, Bladder, Solar Chakra, 963 Hz (connecting to your own perfection), 639 Hz (balancing and healing relationships)
Mustard on Kidney 20	- Deep gloom for no reason	Kidney 20 (Through the Valley) Faith and courage to persevere when you don't exactly know the path or the outcome!		Burn through fear of knowing to clearing see that which has been causing the depression.	With courage and excitement, I continue steadily on my path knowing the light is guiding my steps.	Kidney meridian, Solar Chakra, Sacral Chakra, 852 Hz, Toroids, Nogier D (Balance left and right brain), 417 Hz (Clear traumatic experiences)

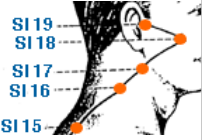
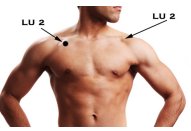

Flower Essence	Meaning of Essence	Meridian Point	Meridian Point Pictured	Doorway opened by the point: Lesson	Affirmation	Genius Frequencies
Mustard on Kidney 21	- Deep gloom for no reason	Kidney 21 (Dark Gate) Pass through the last barrier that keeps you from the light! “Don't quit before the miracle happens!”		Finally releasing the dark night of the soul and moving into the next wonder-filled chapter of life.	With courage and excitement, I continue steadily on my path knowing the light is guiding my steps.	Toroids, Flower of Life, Kidney Meridian, 396 Hz (Cleanse heavy feelings of guilt), 174 Hz (Use to enhance sense of comfort).
Oak on Kidney 1	- Feel weighed down by duty - Ignore exhaustion - Let go, surrender	Kidney 1 (Bubbling Spring) Reconnect to Divine Purpose and selfless service. Combine water element of Kidney Meridian to release the download pull of the lower will.	<p>1/3 the distance of the foot, between the long bones of the 2nd and 3rd toes.</p>  Locating Kidney 1	Surrender to reunite with the flow of life.	I surrender to the flow of life and connect with perfect timing.	Kidney Meridian, 852 Hz (Returning to Spiritual Order), 963 Hz (feel) connection to the universe)
Olive on Bladder 37	Remedy for long standing exhaustion, so long that a complete reset is needed.	Bladder 37 (Soul Door) - Reconnect with highest aspect of yourself		Meditate and reflect in order to experience reconnection.	I reset and ground myself in the present moment.	Bladder, Kidney, Adrenal, Sacral Chakra, 963 Hz (feel) connection to the universe), 852 Hz (Awaken intuition)
Olive on Bladder 38	Remedy for long standing exhaustion, so long that a complete reset is needed.	Bladder 38 (Soul Door) - receive the needed nourishment		Go inside to find energy. Do an energetic reset.	I find a wellspring of energy when I look within.	Bladder, Kidney, Adrenal, Sacral Chakra, 963 Hz (feel) connection to the universe), 852 Hz (Awaken intuition)

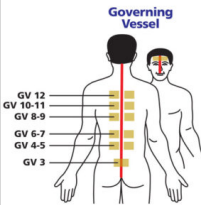
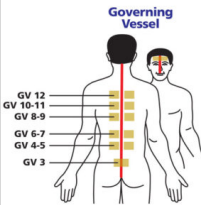

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Olive on Bladder 39	Remedy for long standing exhaustion, so long that a complete reset is needed.	Bladder 39 - Spirit Hall - See from above the greater perspective.		From the higher view, gain perspective of what is important.	I fix my energy on the highest vision and move forward with ease.	Bladder, Kidney, Adrenal, Sacral Chakra, 963 Hz (feel connection to the universe), 852 Hz (Awaken intuition)
Pine on Lung 1	Self-forgiveness Freedom from guilt. Fully stepping into Pine is a turning point.	Lung 1 - (Middle Palace) Connects to the Gate of Hope on Liver Meridian. Forgiveness combined with ability to embrace your self worth		Find forgiveness of self and others as an affirmative act at embracing your own deeper self-worth	I lovingly forgive all from today and from this lifetime, including myself and open myself to limitless energy.	Lung meridian, Liver meridian, Nogier D, 417 Hz (Clear Trauma), Solar Chakra, Flower of Life, Toroids.
Red Chestnut on Conception Vessel 12	Release anxiety. Projected love turns back to you. Codependence melts away.	Conception 12 (Middle Duct) Return to yourself and your power. Nourishment to the self provides new energy and joy.		Releasing codependent patterns frees you and the other person for the highest good for all. Experience the new breath and energy in your life.	I fill my lungs with air and breathe new life.	Conception Vessel, Lungs, Nervous system, Adrenal, 963 Hz (connection to Universal energy), 852 (piercing through illusion)

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Rock Rose on Conception Vessel 4	Releasing fear and panic. Reactivates courage to persevere and trust in the perfection of the Universe.	Conception Vessel 4 - First Gate. CV4 connects to the kidneys and is related to reconnecting with your life essence to find the courage you need.		Release illusion, connect with your inner reserves and break through to the truth of who you are.	Releasing fear and trusting in the process of life, I soar to new heights.	Conception Vessel, Kidney Meridian, 963 Hz, 639 Hz, Solar Chakra, Crown Chakra.
Rock Water on Conception Vessel 5	<ul style="list-style-type: none"> - Release hardened soul forces. - Break up old patterns held in the fascia and muscles. 	Conception Vessel 5 (Stone Gate) - Releasing constriction in the heart to re energize kidney energies.		Releasing held emotional patterns causes true rejuvenation.	I lovingly let go of patterns that once kept me safe so I can revel in the joy of life.	Conception Vessel, Kidney Meridian, Nogier D, Flower of Life, 174 Hz, Nogier A
Scleperanthus on Gall Bladder 24	- Indecision as a result of the illusion that one decision could be right while the other wrong.	Gallbladder 24 (Sun and Moon) Dive deep within. Find your center and the decision becomes easy. Your inner knowing had it all along.		True certainty is easy when we reconnect with our inner guidance.	I now connect with my inner guidance and the rest is easy!	Gallbladder, Liver, Nogier B (Digestive), Heart Chakra, 963 Hz, 852 Hz, Toroids, Flower of Life
Star of Bethlehem on Conception Vessel 14	<ul style="list-style-type: none"> - Healing from shock. May be PTSD-like. - Reconnect to your heart for a blissful rebirth. 	Conception Vessel 14 (Great deficiency) Reconnect with the energy of Heart Protector (as aspect of you)		Soul retrieval. Complete release of past pain via energetic internal nourishment and connection to source.	I actively rebirth soul forces that had been disabled. I am energized by this process!	417 Hz, 639 Hz, Toroids, Heart Chakra, Nogier F, Nogier D, Nogier L.

Flower Essence	Meaning of Essence	Meridian Point	Meridian Point Pictured	Doorway opened by the point: Lesson	Affirmation	Genius Frequencies
Star of Bethlehem on Conception Vessel 15	<ul style="list-style-type: none"> - Healing from shock. May be PTSD-like. - Reconnect to your heart for a blissful rebirth. 	Conception Vessel 15 (Dove Tail) Connect with the Pericardium meridian and experience joy!		Soul retrieval. Complete release of past pain via energetic internal nourishment and connection to source.	I actively rebirth soul forces that had been disabled. I am energized by this process!	417 Hz, 639 Hz, Toroids, Heart Chakra, Nogier F, Nogier D, Nogier L.
Sweet Chestnut on Governing Vessel 1	Deepest anxiety. Feeling along and separated.	Governing Vessel 1 (Long Strength) Gives the body a jolt at the connection of Governing Vessel to Conception Vessel. New awareness of internconnectness and rebirth follows.		Fill your body with a light-filled new download of awareness. Oneness and unity surrounds you and brings comfort to you.	What is in me is also in every part of the Universe. I easily find connection with people and the world around me.	Governing Vessel, 417 Hz, 396 Hz, Nogier D, Nogier G, Flower Of Life, Fibonacci, Solar Chakra.
Vervain on Gall Bladder 18	Very fixed in ideals. Learning to channel this energy for the highest good. Combine certainty with flexibility.	Gall Bladder 18 - Receive Spirt Connect with your Divine Personality and purify it. Bring joy, laughter and lightness as you share your strong convictions.		Refreshment and vitality fill your being when Vervain connects with GB 18	I share my closely held values with both passion and kindness, keeping these balanced and aware of the receiver of the information.	Gallbladder, Nogier G, Sacral Chakra, Crown Chakra, 417 Hz, Nervous System, Adrenal

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Vervain on Gall Bladder 34	Very fixed in ideals. Learning to channel this energy for the highest good. Combine certainty with flexibility.	Gallbladder 34 (Yang Mound Spring) Become further grounded in your expression of your convictions. Bring with the grounding, a sense of lightness and tenderness as you share your ideas.		Deeply ground into the earth for more certainty of your convictions. Share them with certainty combined with lightness.	With compassion and kindness, I share information I believe to be true.	Gallbladder, Nogier G, Sacral Chakra, Crown Chakra, 417 Hz, Nervous System, Adrenal
Vine on Large Intestine 20	Release the pattern of using vital energy to control others as it constrains your energy and others. Open and release for joy and freedom of all.	Large Intestine 20 (Welcome Fragrance) Release tension and open to freedom of self and a new sense of letting go.		Let go of the need to refine others and feel the room made for your own soul and your own journey.	I am open to experiencing the joy from within and the pleasure of knowing.	Large Intestine Meridian, Lung Meridian, 174Hz, 639 Hz, Nervous, Brain, Adrenal
White Chestnut on Conception Vessel 1	Mental Chatter abounds, hard to calm the mind. Come back to center and quiet the mind.	Conception Vessel 1, Meeting of Yin Quiets the mind and assists with reconnection of feminine and masculine energies for the feeling of unity and security.		Calm the mind and know the truth.	I courageously allow my mind to calm and know the truth.	Conception Vessel 1, Alpha Wave, Brain, Nervous, Adrenal, 528 Hz, 174 Hz.

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Walnut on Small Intestine 16	<ul style="list-style-type: none"> - Transition - Free from other's influence - Transformational touchstones of life such as getting married. 	Small Intestine 16 (Heavenly Window) Provides powerful movement through the transition with victory and a feeling of being capable in the new position or situation. It's graduation day and all is well!		Birthing from cocoon to butterfly. Rejoice in the power of transformation.	I embrace change, combining feelings of faith in the process and excitement about the potential the future can hold.	Small Intestine, 528 Hz Transformation and Miracles, 174 Hz, 639 Hz, Flower of Life, Fibonacci
Water Violet on Lung 2	<ul style="list-style-type: none"> - Finding comfort in independence and self-sufficiency. - Embracing the joys of a physical existence. 	Lung 2 (Cloud Gate) Bring lung meridian energy into the present physical world. Bring your life force out of the clouds and into the earth. Experience balance between levity and gravity.		Even evolved and advanced spirits are here on earth having an physical experience. Embrace the joy of physicality and balance it with ethereal awareness.	Combining earth and heaven, I jump into the joy of this life.	Lung meridian, Large Intestine, Root chakra, Crown chakra, Nogier D, Nogier A, Solfeggio
Wild Oat on Governing Vessel 4	Uncertainty over the direction in one's life.	Governing Vessel 4 (Gate of Life) This is where kidney energy unites with the heart (fire) meridian. Feel the inner guidance pointing you in the direction of your heart.		Gate of life helps to surge the part of yourself that is in the decision making department! Feel the activation of GV4 in coming into your power and certainty of your new direction.	As I connect with my heart, my direction becomes more clear and my courage in turn rises to follow that direction.	Governing Vessel, Heart Chakra, Solf 528 Hz, 396 Hz, 174 Hz, Toroids, Root Chakra, Solar Chakra

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Wild Rose on Governing Vessel 10	Drifting, resignation, apathy	Governing Vessel 10 (Supernatural Tower) Ignites your Heart to envision a master template of your life's purpose and bestows the motivation to embark on the new path!		In a Wild Rose state, you may feel that your heart has been broken in some way. Wild Rose on this meridian point assists you in reconnecting to the thrilling potential in each moment of life.	Actively reconnecting with my heart, I embrace enthusiasm for each and every part of my life!	Governing Vessel, Heart Chakra, Solf 528 Hz, 396 Hz, 174 Hz, Toroids, Spirals, Root Chakra, Solar Chakra
Wild Rose on Governing Vessel 11	Drifting, resignation, apathy	Governing Vessel 11 (Spirit Path) Become aware of the greater plan and vision for your life. Like a good GPS, Spirit Path gives you the power to stay on the path through strengthening connection to the heart.		In a Wild Rose state, you may feel that your heart has been broken in some way. Wild Rose on this meridian point assists you in reconnecting to the thrilling potential in each moment of life.	Actively reconnecting with my heart, I embrace enthusiasm for each and every part of my life!	Governing Vessel, Heart Chakra, Spirals, Solf 528 Hz, 396 Hz, 174 Hz, Toroids, Root Chakra, Solar Chakra
Willow on Liver 4	Self-pity and resentment	Liver 4 (Middle Seal) Retrieve the ability to express your power in your life. Your connection with your true self can help you to easily let go of the trespasses of others and give up any need to feel indignation.		Release hardened accumulations and joyfully accept your own power.	I shake off the hardened resentments and beliefs as I accept my personal power in life.	417 Hz, 639 Hz, Toroids, Heart Chakra, Nogier F, Nogier D, Nogier L.

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