

Rebirthing and New Change Process



Within the Genius Biofeedback system, it is possible to use the frequencies with intention to create the experience or the effect that you want. In this case, you can combine 3 powerful frequencies to create an experience of new beginnings, connected to the heart and with Universal coherence/perfection.

Use this combination of 3 frequencies to:

- End a cycle of negativity.
- Cause a new energy to come into your life when you feel stuck.
- Anytime you are embarking on a new venture, job or a new part of your life. New beginnings are extremely important and this can help to herald in an auspicious beginning!

Vesica Piscis - Sign of rebirth, of ultimate creation. It is the sign for that from one, there becomes to - it represents the first division of the cell. Use the Vesica Piscis as a symbol of new creation, embarking on a new project. You will bring the energy of perfection, of divine birthing into your experience. You can use this to break the energy of a past pattern, as a way of declaring to the Universe that you are ready to move forward in a positive way!

Heart Chakra - The heart chakra is called the Anahata in Sanskrit. It is associated with the energies of compassion and beauty. This energy center in the body is said to be a bridge between that of earth and the spiritual realm. By clearing the heart chakra, you become more connected to Universal love and stop judging yourself and others. When the heart chakra is muddied, you may experience jealousy, anger and hatred. Clear the heart chakra on a regular basis in order to feel more joy in your world! The heart is connected to the Thymus gland, the heart, the lungs, the circulatory system and the arms and the hands.

528 Hz - Connection to the Universe, to the Infinite. The highest level of healing. Use 528 Hz to heal the DNA and to create transformation and miracles. It has been said of 528 Hz, "It is the most therapeutic sound in the cosmos, given the fact that your organic structuring is based on it." 528 Hz frequency is characterized by love, faith, joy, empathy and bravery.

Place all 3 in Quick Zap and run for 15-30 minutes.