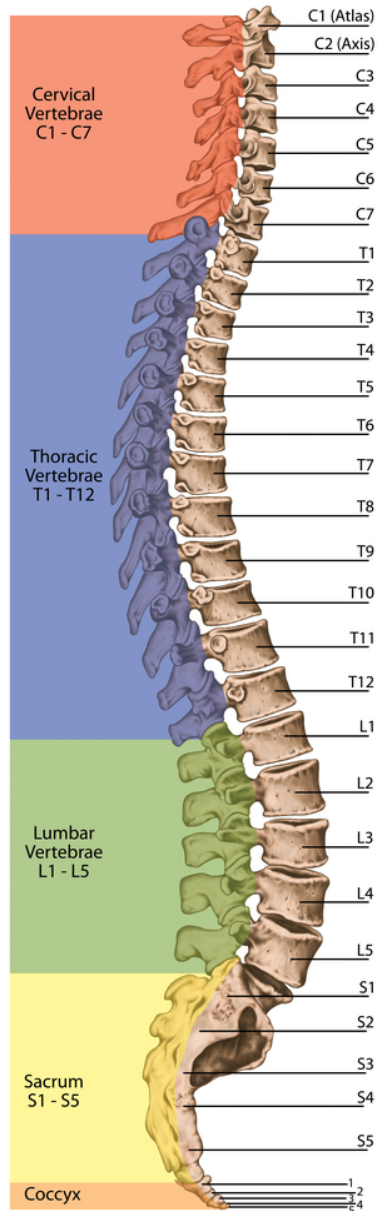


Understanding Spinal Energy



The Spinal Energy panel is a powerful one because it opens up energy within the spinal system, which is part of the nervous system of the body. From the column, you have nerves which originate from the central nervous system, then come out through the openings from the spinal segments and reach out to muscles, organs and glands. You can imagine how a change in any of the spinal segments would result in far reaching effects in the rest of the body.

Here is the process:

- 1) Test Spinal Energy
- 2) Include the reds and blues in the Quick Zap ONE at a time for 1 minute and check the rectification percentages and aura after each segment. Remove one segment when rectified to 40% or more.
- 3) Read the meanings of the spinal segments that are coming up for them. How do they relate to the clients current issues? How do the flower essences relate to this? You may want to include those Flower Essences Up in the Quick Zap as well.
- 4) Solfeggios 174 Hz for pain reduction, 285 Hz for healing damaged tissue and 528 Hz for transformation and miracles are all recommended for your harmonizing as well.

Here is a visual of different relationships and connections related to spinal energy:

Spinal segment	Emotional Connection	Flower Essence Correlation	Body Connection	Possible Symptoms
C1	Fear of being judged	Scleranthus	Inner and middle ears, pituitary gland, blood supply to the head	Headaches, insomnia, high blood pressure, migraines, chronic fatigue, dizziness
C2	Resentment and blame	Heather	Eyes, ears, sinuses, tongue, forehead	Sinusitis, ear aches, pain around the eyes, vision problems, hearing problems
C3	Wanting to take personal responsibility	Beech	Cheeks, outer ear, facial nerves, teeth	Neuralgia, acne, eczema
C4	Emotions are blocked, held in, need release. Wants to speak their true voice	Centaury	Nose, lips, mouth	Sore throat, laryngitis
C5	Too many things on one's plate	Oak	Vocal cords, neck, glands	Tonsillitis, persistent cough
C6	Inflexible	Vine	Neck, shoulders, tonsils	Stiff neck, tense neck, rounded shoulders, persistent cough
C7	Thinking you are helpless	Larch	Thyroid gland, elbows, bursa	Bursitis, Upper respiratory infection, colds
T1	Fear of truly living one's truth	Rock Water	Forearms, hands, wrists, fingers, esophagus, trachea	Shortness of breath (trying to breathe into life), asthma, arm and hand pain
T2	Past hurt is too much to bear, closed heart for protection	Gorse	Heart, coronary arteries	Coronary artery disease, chest pain, bronchitis, pneumonia, chest cold.
T3	Still holding onto past transgressions.	Holly	Lungs, bronchial tubes, pleura, chest	Bronchitis, pleurisy, pneumonia, congestion

Spinal segment	Emotional Connection	Flower Essence Correlation	Body Connection	Possible Symptoms
T4	Bitterness	Sweet Chestnut	Gallbladder	Gallstones, liver toxicity, liver energy stuck, chronic viruses, shingles
T5	Rage	Chicory	Liver, solar plexus, circulation	High blood pressure, issues with circulation, hemorrhoids
T6	Constant worry	Mimulus	Stomach	Indigestion, reflux, increasing food sensitivities
T7	Not deriving the sweetness from life	Rock Water	Pancreas, duodenum	Ulcers, inflamed stomach, upset stomach, poor digestion, blood sugar issues
T8	Self-sabotage, not digesting events in life long enough to learn from them	Chestnut bud	Spleen	Immune system compromised, chronic viruses, chronic conditions for which there seems to be no solution
T9	Feeling a victim to life or life's circumstances	Agrimony	Adrenal glands	Allergies, Chronic fatigue
T10	Hard to take charge of one's life, hard to go with the flow of authentic direction	Certato	Kidneys	Kidney stones, kidney issues, atherosclerosis
T11	Fear of relationships	Larch	Kidneys, ureters	Skin conditions, bladder conditions
T12	Not wanting to truly live and embrace all life has to offer	Mustard	Small intestines, lymph circulation	Gas pains, muscle or joint aches
L1	Insecurity	Cherry Plum	Large Intestine	Colitis, bowel issues, hiatal hernia

Spinal segment	Emotional Connection	Flower Essence Correlation	Body Connection	Possible Symptoms
L2	Not seeing a way out, old hurts are not released	Wild Oat	Appendix, abdomen, thigh	Cramps, varicose veins, leg pain
L3	Guilt	Pine	reproductive organs, uterus, bladder, knees	Menstrual pains, irregular periods, knee pain, reproductive issues, PCOS
L4	Feeling Powerless	Gentian	Prostate gland for men, lower back for both sexes	Back pain, urinary issues - frequent or painful
L5	Communication issues, hard to accept pleasure and joy.	Walnut	Lower back, thighs, legs, feet, sciatic nerve, large intestine	Constipation, leg pain
Sacrum	Stuck in childhood trauma patterns	Honeysuckle	Hip bones, buttocks	Sacroiliac, back pain, hip pain
Coccyx	Sitting on old pain, out of balance	Wild Rose	Rectum, anus	Hemorrhoids, tail or back pain