



Understanding the Solfeggio Tones on your Genius Insight!

Solfeggio Tones

The Solfeggio tones represent sacred harmonic steps that bring tranquility to the spirit when we listen to them. To get an feeling of this, listen to Gregorian chanting, which uses the solfeggio tones. This scale is sacred and can be contrasted to the current musical scale used today. Take the feel of pop music compared to Gregorian chants. The pop music keeps us focused on the external, while the feeling of the chanting is almost immediately being drawn within.

Using the tones in your balancing is very powerful. The tones have different balancing effects. You could even do a session that only includes these frequencies. These are considered “coherent” frequencies. Coherent frequencies are those that help us to achieve perfection on both the energetic and physical level. You can test the Solfeggio screen and see which of these tones are most resonating for you. In this case, those tones will be revealed as those in red or blue. You can really choose any of these tones for your balancing and you can do it in order to bring about a particular effect. Find that effect by reading the meanings of the different tones and select accordingly.

396 Hz (UT)

Liberate one from fear. Cleanse heavy feelings of guilt. Release hidden subconscious obstacles.

417 Hz (RE)

Clear the effects of traumatic experiences and the pain or cellular memory of past events, when it is limiting in the present. 417 is known as the frequency that puts you in touch with the infinity energy within you!

528 Hz (MI)

Use this for DNA repair and to bring about miracles! This is a great frequency for any chronic case, for cancer clients and for anyone who has lost hope or just wants to do preventive DNA repair. The tone “MI” can activate both your imagination and your intuition! You can also use your 528 Hz in every balancing session in order to make it more successful and to create powerful results faster.

639 Hz (FA)

Use this for balancing and reconnecting relationships. Creates harmony in these areas and specifically the tone “FA” can be used to clear any type of relationship issue in your life. Because it is about relationships and relationships are all about communication, this frequency can be used to increase cell to cell communication. This is important for healing any disease, but specifically cancer will likely benefit from the introduction of this frequency. 639 Hz enhances the energy of tolerance and love.

741 Hz (SOL)

Use this for solving problems, discovering innovative solutions and increasing creative self-expression. 741 Hz is amazing in that it can assist in cleaning the cell of toxins. Use 741 also for clearing the effect of EMF. Use it intentionally to increase your power of self-expression.

852 Hz (LA)

Use this for awakening intuition and returning to spiritual order. This frequency is helpful for piercing through the illusions in your life. Use this frequency in order to open yourself to Divine communication. 852 raises your awareness and allows you to return to spiritual order. It even allows the process within your cells to transform to a much higher level of energetic functioning.

Additional research conducted by Dr. Leonard Horowitz claims to have revealed three more Solfeggio frequencies and they are included in your Genius software.

963 Hz (SI)

This frequency enhances the experience of connecting to your own perfection. This can also be thought of as the return to Oneness. To feel more spiritually connected, consider running this frequency.

174 Hz

This frequency is helpful for pain reduction and for enhancing a sense of comfort. This frequency gives your organs a sense of security, safety and love.

285 Hz

This frequency helps return tissue into its original form. 285 Hz influences energy fields, sending them a message to restructure damaged organs. It also leaves your body rejuvenated and energized.